# HRVE **MINET JUNIOR** SCHOOL

How we can help you!

Dear Parents,

We are excited to introduce Thrive, a holistic approach designed to support the emotional and social development of our students. Thrive is a commitment to nurturing the happiness and well-being of every child at Minet Junior School.

## What is Thrive?

Thrive focuses on building emotional resilience, fostering positive relationships, and promoting mental well-being. It equips children with essential skills to navigate challenges and thrive in both academic and social environments.

# Why is Thrive Important?

**Emotional Growth**- Thrive helps children understand and manage their emotions, leading to increased self-awareness and confidence.

**Social Skills**- Children learn to communicate effectively, develop empathy, and build strong relationships with peers.

**Academic Success**- A happy and emotionally secure child is more likely to excel academically, leading to better performance in school.

**Resilience**- Thrive teaches coping strategies, enabling children to handle stress and setbacks with a positive mindset.

# How Does Thrive Make Every Child Happy?

Engaging activities and interactive lessons make learning about emotions enjoyable. In a supportive environment Thrive fosters a sense of belonging, making children feel valued and understood.

**Celebrating Diversity**-Thrive respects and embraces all cultures and backgrounds, ensuring every child feels included.

# Please Join Us in Supporting Thrive!

We invite you to learn more about how Thrive can benefit your child. Together, we can create a happier and healthier school environment for all. Please ask for Mrs. Connolly our Thrive Practitioner for more details.