



Religion /Worldview: Sikhism	Enquiry Question: How do Sikhs show commitment to God?	Year Group: 5 Autumn 1
In this enquiry, we will talk about how Sikhs live their lives according to their beliefs. This includes things they can do locally or travelling to a place of pilgrimage.		

What we will learn: The 5 Key Sikh beliefs <ul style="list-style-type: none"> • God is in everything (Sikhs see God as an energy source rather than as a physical entity) • It is a Sikh's duty to serve others (sewa) • All people should be treated as equals • Sikhs should share what they can with others • Sikhs should earn their living honestly <u>Langar</u> <ul style="list-style-type: none"> • The Langar is an important concept in Sikhism as it was started by Guru Nanak, founder of Sikhism. Everyone, regardless of rank or wealth, sits and eats freely provided and freshly produced vegetarian food and non-alcoholic drink together as equals 		Link to other aspects of belief <ul style="list-style-type: none"> • Pilgrimage – Sikhs may choose to visit the Sri Harmandir Sahib Ji otherwise known as the Golden Temple in Amritsar  <ul style="list-style-type: none"> • Khalsa and the 5 K's – revisit the learning from the Yr3 enquiries as appropriate  <ul style="list-style-type: none"> • The Gurdwara – place of Worship 	Personal connection <ul style="list-style-type: none"> • How might Sikhs feel if they visit the Golden Temple? • How might they feel when they take place in the daily langar? • Is there anywhere in the world that would be special for me to visit?
Key Terms and definitions Harmadir Sahib: Golden Temple – place of Pilgrimage in India Langar: free vegetarian meal available for all	History/Context <ul style="list-style-type: none"> • Guru Nanak, founder of Sikhism) wanted people to be treated equally as he believed all were loved by God. • Sikhs adopt many of the customs of whichever country they live in – for example in Christian countries they worship on a Sunday to fit in with the traditional Christian day of rest. 	Impact on believer/daily life <ul style="list-style-type: none"> • Treating everyone equally • Challenging inequality and injustice 	
Home learning ideas/questions: Is there anywhere in the world that would be special for us to visit? Why would we go there? How would we feel?			



5 Ks: 5 physical symbols of joining the Khalsa

